

Coaching :The Genius Way

Even the most talented individuals can stumble in trying times and now more than ever people at all levels can feel isolated, lost and be suffering from unprecedented pressure. Whether an L&D professional or Operational Leader, coaching can provide a dynamic catalyst for action.

We can provide:

- Independent, objective support that will help to build a positive mindset to tackle challenges
- Support to generate greater resilience, resourcefulness and combat the impact of 'Imposter Syndrome'
- Stimulating challenge in which to explore new responsibilities
- A safe sounding board for ideas to reinforce their position

If you want to **spark new ideas**, **develop influence**, **create and build relationships**, **overcome obstacles**, **formulate plans**; whatever your needs are we can provide you with that vital injection on which to springboard success.

Power Hour

Only 3 available for July.

Book your power hour now by emailing caroline@inspireyourgenius.com to arrange a suitable time slot.

www.inspireyourgenius.com



Why does coaching work?

Coaching works for several reasons:

- Many leaders are tired of or frustrated by what leadership style they “should adopt” or “are expected to have” and want to move toward leadership solutions they “want.” A coach/mentor supports this transition, determining which facet of leadership is best suited to an individual and their circumstance. They offer options and guidance to help leaders make better choices for them.
- Coaching focuses on desired aspirations and outcomes. Better goals are set: goals that make sense to the organisation and the individual.
- Leaders often find they are too involved in situations to be fully objective or completely able to explore all possible solutions. Coaching uncovers options and opens the lid on thinking by posing questions and scenarios for them to explore impacts of decisions.
- A coach will ask questions clients may not think of asking themselves.
- Our coaching is completely private and confidential, and leaders will discover a freedom to talk openly in a way that is not possible within the business

What is 'Coaching'?

'Coaching' is a unique approach to individual development devised by Genius Learning that blends:

COACHING

A method where an individual discovers their own solutions through structured and skilful questioning of a coach.

MENTORING

A relationship where the mentor uses their experience and expertise to help guide a client

TUTORING

Where the tutor helps someone learn a new concept, process or technique

HOLDING SPACE

This is about being completely present for someone, physically, mentally and emotionally. The focus is on supporting someone as they feel their feelings, so that they can make sense of them and learn from their reactions.

This blended and different approach to individual development is a style that Genius Learning have developed, honed, and used with individuals all over the world for over 25 years.

"You instinctively know the right thing to do and say, precisely at the right time." (Director of Emerging Markets, Luxury Retail)

"You challenged my thinking that got me to see and accept my flaws in a way no one has done before! And the best bit is you inspired me to want to do something about it." (Marketing Director, Pharmaceuticals)

"You did it again, that thing that you do, when you said what I'm thinking before I've even said it! Every time we have these sessions I have renewed clarity and focus." (Sales Director, Capital Equipment)